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# NASHVILLE SPORTS MEDICINE FOUNDATION RESEARCH & EDUCATION

# Modified Harris Hip Score (mHHS)

Date_			<u>.</u>										
Patier	nt Name		Date of Birth										
Hip	Right	Left	Have you had surgery on this hip by Dr. Byrd before? YES NO										
If so, how long ago was the surgery?			3 m	onths	1 yr	2 yrs	5 yrs	10 yrs	15 y	rs	20 yrs	25 yrs	
Are you glad you did the surgery?				YES	NO								

## Please think about how you feel on an average day and check one box under each heading.

#### PAIN:

None or it can be ignored (44)

Slight, occasional with no compromise in activities (40)

Mild pain, no effect on average activities, rarely moderate pain after unusual activities, uses aspirin (30) Moderate pain, tolerable but makes concessions to pain. Some limitation to ordinary activity or work.

May require occasional pain medicine stronger than aspirin (20)

Marked pain, serious limitation of activities (10)

Totally disabled, crippled, pain in bed, bedridden (0)

### **FUNCTION:**

Limp:	Distance Walked	Support					
None (11)	Not limited (11)	None (11)					
Slight (8)	Can walk 1 mile (8)	Cane for long walks (7)					
Moderate (5)	Can walk ½ mile (5)	Cane most of the time (5)					
Severe (0)	Indoors only (2)	One crutch (4)					
Unable to walk (0)	From bed to chair (0)	Two canes (2)					
		Two crutches (0)					
		Not able to walk ( specify reason) (0)					
ACTIVITIES							
Stairs		Shoes and Socks					
Normally without using a	railing (4)	With ease (4)					
Normally using a railing (2	2)	With difficulty (2)					
In any manner (1)		Unable(0)					
Unable to do stairs (0)							
Sitting		Public Transportation					
Comfortably on an ordina	ry chair for one hour (5)	Able to enter public transportation (1)					

On a high chair for 30 minutes (3)

Unable to sit comfortably in any chair (0)

Able to enter public transportation (1) Unable to enter public transportation (0)